

Fellowship Designations:

The following individuals earned or renewed their Fellowship status in 2008:

Amly Aronson, CEBS
S I International
Reston, VA

David Blasdell, CEBS
Noblis
Falls Church, VA

Michael Gracey, CEBS
General Dynamics
Arlington, VA

Bruce Grant, CEBS
Anthem Blue Cross Blue Shield
Chantilly, VA

Deborah Green, CEBS
Aon Consulting
Bethesda, MD

Alan Heuss, CEBS
National Rural Electric Coop
Arlington, VA

Allen Koski, CEBS
CIGNA International
Claymont, DE

John Nicolson, CEBS
International Monetary Fund
Fairfax, VA



P O Box 254
La Plata, MD 20646

Chapter News

A PUBLICATION
OF THE CAPITAL
CHAPTER OF ISCEBS



INTERNATIONAL
SOCIETY OF CERTIFIED
EMPLOYEE BENEFIT
SPECIALISTS

2007

Capital Chapter Officers

President

Debbie Green, CEBS
Aon Consulting
202-624-8138

Vice-president

James L. McGee, CEBS
Transit Employees' H&W
Fund
301-568-5499

Treasurer

Bruce Grant, CEBS
Anthem Blue Cross Blue
Shield
703-227-5344

Secretary

Josh Keller, CEBS
Collect Rx, Inc
301-230-2440 x 223

Past President

Hemant Berry, CEBS
International Brotherhood of
Teamsters
202-624-8138

Chapter News

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President's Message

The Capital Chapter of the International Society of Employee Benefits Specialists (ISCEBS) is now in its 19th year of providing educational programs and networking opportunities for members of the local benefits community. We have had a banner year financially and have had some outstanding sessions, including an All Day session that was the most well attended in recent history. I would like to commend my fellow board members for all of their hard work in making this an outstanding year.

In addition to the educational sessions, we hosted a local networking happy hour and dinner in Arlington over the summer. We also hosted a Capital Chapter dinner at the national symposium in Seattle in September. These events were quite fun, and I have personally resolved to attend more of these.

The 2007 board year was the best year we have had financially in recent years. This is largely due to the good will of members of the benefits community who stepped forward and sponsored or hosted meetings in 2007. We owe enormous gratitude to the following companies who offered to sponsor or host educational sessions or board meetings in 2007: Aon Consulting, Anthem Blue Cross and Blue Shield, BNA B Rith, International Brotherhood of Teamsters, Mercer Human Resource Consulting, The Segal Company, Thomson Healthcare, and Watson Wyatt Worldwide. We hope these sponsors will continue to partner with us in 2008 and beyond.

As a sign of the times, benefits professionals are busy, highly overscheduled types, therefore local membership in the Capital Chapter has been somewhat flat to declining over the past five years. The good news is, Graduate Membership increased by 14% between March and October 2007. This membership increase does not include Associate/Student Members meaning that Capital Chapter membership is gaining momentum as we enter 2008. If you are currently eligible for International or Associate/Student Membership and have not yet joined or renewed for 2008, please do! If you would like to discuss membership options, please feel free to reach out to anyone on the 2008 board and they will be able to help you.

I have had a wonderful time meeting and working with chapter members and the board over the past year. I feel honored to have served such an intelligent and diverse group. Thanks so much to all of you for giving me the opportunity.

Debbie



Programs in 2007

Check out our Website

www.capital-chapter-iscebs.org

February - Health and Productivity

Joe Marlowe with Aon Consulting helped us find out how well designed Health & Productivity programs can reduce medical trend, increase employee productivity, yield high ROI and use data analytics to define program needs.

May - Employee Benefits Fundamentals: Focus on Health & Welfare Plans

Speakers from:

International Brotherhood of Teamsters - Fundamentals of Health and Welfare Benefit Plan Design and Finance

Watson Wyatt - Fundamentals of Legal Compliance for Health and Benefit Plans

Marcor - Trends in Health Care

Aetna - Fostering the Consumer Driven Environment

Thomas Healthcare - The Power of Data

Speakers covered a range of health & welfare related issues at the annual full day seminar

June - Form 5500 Preparation

Mary Anderson, CEBS President, ERISdiagnostics, Inc. offered tools, tips, and updates on filing the Form 5500.

September - Making Consumerism Work - A Panel Discussion on Successful Strategies for Changing Employee Behavior

Tracy Wats and a panel of four employers discussed what employers are doing to change employee behavior and reduce costs

October - Pension Protection Act of 2006 - Are you Ready?

Carol Hershey from The Segal Company discussed various aspects of the PPA .

November - Legislative Overview and Update

Ann Marie Breheny, Legislative Research Associate for Watson Wyatt Worldwide discussed health care benefits

Kyle Brown, Attorney for Watson Wyatt Worldwide discussed retirement benefits

December - Health Care Costs and Annual Meeting

Chris Mathews from The Segal Company discussed health care costs

2008 Officers and Board Members

President: James McGee, CEBS

Vice President: John Bowe, CEBS

Secretary: Craig Olswang, CEBS

Treasurer: Kristen Butler, CEBS

Past President: Debora Green, CEBS

Board Members:

Josh Keller, CEBS (through 2009)

Bruce Grant, CEBS (through 2009)

Lisa Scott, CEBS (through 20010)

David Blasdell, CEBS (through 2010)

Congratulations to the following local students for attaining their CEBS designation in 2007:

Ellen Eldridge, CEBS
Adventist Risk Management, Inc.
Silver Spring, MD

Deborah Foster, CEBS
Wachovia Insurance Service, Inc.
Richmond, VA

Shirley Milton, CEBS
Oceana, Inc.
Washington, DC

Robin Nowell-Smarr, CEBS
International Monetary Fund
Washington, DC

Denise Perkins, CEBS
Alexandria, VA

Connie Stewart, CEBS
Sun Rocket
Chantilly, VA